



How to Open & Operate a Financially Successful Personal Chef Business: With Companion CD - ROM

Carla Rowley, Lee Rowley

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According to the U.S. Department of Labor one of the fastest growing segments of the food service business is providing professional personal chef services. Personal chefs can expect to make between \$100 and \$400 a day every day. Until recently having a chef prepare food for you and your family was considered a luxury for only the wealthy. Today, many individuals and families have discovered that a personal chef service is an affordable, time saving, and healthy alternative to the stress and time constraints of working to put a wholesome, economical, and tasty meal on the table every night.

A personal chef offers a professional service of meal preparation. A client's individual tastes drive the creation of their customized menu. These personalized meals are prepared either in the client's home or your catering kitchen and then packaged, labeled, possibly delivered, and stored in the refrigerator or freezer. Most services include complete grocery shopping, customized menu planning, and storage in oven/microwavable containers.

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