



The Spiritual Paradox: The Traumatic Shift That Saved Me

Mary Machado

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One woman's inward journey in which she takes you through the trials and triumphs of being a Psychic, to the sudden illness that physically shifted her life, and tested her faith as she shares her Divine encounter and outer body experience and the clarity and Spiritual tools that brought her back. This autobiography is for anyone who has who is or has ever been in pain, or feels like they are alone on their journey. she provides you with the mind body and spirit breakdown on what you can do to make a difference in your life now.

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