



# **Become A Stand-Up Comedian in 1 Week: Learn the Secrets of Stand-Up Comedy**

*Michael Young*

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**Welcome to the crash course in stand-up comedy! Here are some of the top highlighted passages from our readers:**

*"By exhibiting flaws, the comedian lets the audience establish a sense of superiority, and thus, empathy."*

*"Whenever you feel like the jokes you're developing or performing are all over the place, try to relate it to the emotion or attitude you most closely identify with. It'll help mold your material and style around your real personality, instead of the other way around."*

*"Dig deep and start compiling a list of things that worry you, make you feel anxious, or have doubt about."*

*"Before you start vocalizing your raw material, you need to give each topic a piece of your mind."*

*"For an even more dramatic effect, switch up the emotions and try out opposite or unexpected emotions for each topic."*

*"If you remember one thing, remember this: keep the setup simple, go crazy and hit hard with the punchline. One good way to ensure this is to contrast the setup with the punchline. Comedy is all about the unexpected."*

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**Message from the author:** Starting from middle school, I won many humorous and dramatic acting competitions across the country and became nationally ranked as a top performer. In my twenties, I moved to Seattle to work for a large technology company but I didn't want to give up my passion for performing on stage. I continued perfecting my craft by taking comedy courses, privately coaching a few students, and performing at local comedy clubs across town. Many times after shows, my audience would ask me for advice and tips! This inspired me to condense what I've discovered throughout my comedic experiences and share it with anyone who could benefit from more humor in their lives. I hope this book helps you become a funnier person!

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**Discover the secrets, tips, and tricks of stand-up comedians.** This program covers the essentials of stand-up comedy, and is aimed at giving you all the tools needed to hit the ground running and create and perform

your own material within 1 week. We've packaged everything they teach you in stand-up comedy class and comedy school into a simple program. Some of the topics we cover include:

- Step-by-step process for methodically generating jokes from your own life experiences
- Performance tips to enhance the funniness of your set - above and beyond your jokes - with tricks like fillers, callbacks, and audience focus
- How to organize your routine to keep the audience laughing throughout your performance - and on their feet afterwards
- Working the audience, playing off performers, and dealing with hecklers
- Ways to formulate jokes to maximize punch line effectiveness
- Stage presence: everything from stage fright to handling the mic
- How to start performing at a comedy club within 1 week
- ...and much, much more!

This is a fast and easy read. You can take your time and read it through a week, or within an hour.

Here's what you'll discover:

- Day 1: Learn the Ropes
- Day 2: Develop Material
- Day 3: Make it Funny
- Day 4: Practice, Practice, Practice
- Day 5: Stage Presence
- Day 6: Refine, Practice, and Repeat
- Day 7: ...Showtime!

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