



Acupressure Chart - Points & Meridians

Michael Reed Gach, Ph.D.

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Acupressure Point Chart - beautifully designed full-color point reference chart, showing organ meridian pathways and the 365 traditional acupressure/acupuncture points.

This acupressure chart highlights the most effective potent acupressure points but presents all 365 traditional points, illustrates all 12 meridians, source points, alarm points, and chi control points. Front, back and side views all in one chart. Includes five element affirmations and laws. **Discover Anatomical Point Locations** on both a women's and man's body. Most Acupuncture charts do not show points on a woman's body.

Learn Traditional Chinese Medicine (TCM) from this acupressure chart which illustrates the following point functions:

Source Points: balance energy within each meridian **Alarm Points:** vital for assessing a meridian's condition **Gates of Chi Points:** a tonic for immune system boosting **Yu Points:** benefit the nervous system and each internal organ **Master Extraordinary Points:** powerful energy balancing points

Point Recipe Booklet for Common Complaints - This Acupressure Chart comes with 16-page point reference booklet, containing a comprehensive article on Acupressure Therapy. Inside the booklet you'll find point recipes for relieving:

* Headaches * Backaches * Neck pain * Insomnia * Colds & flus * Knee pain

* Arthritis * Asthma * Menstrual tension * Emotional balancing * Stomachaches/Indigestion * Upper and lower body pain

Presents the Five-Elements: Discover five element seasons, tastes, smells, fluids, symptoms, and organs. All five element information integrated into useful healing affirmations. (Acupressure.com - Item # C104)

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