



The Reflecting Pond: Meditations for Self-Discovery (Hazelden Meditations)

Liane Cordes

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The Reflecting Pond is a collection of meditations that takes one subject at a time and covers it in depth. Whether we have a concern about self-acceptance, fear, friendship, or love, there is a chapter full of understanding thoughts. Used as an extra dose of support on specific issues, this book will help us think through day-to-day living problems. An excellent resource for those in aftercare programs.

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