



Just This Is It: Dongshan and the Practice of Suchness

Taigen Dan Leighton

Download now

[Click here](#) if your download doesn't start automatically

Just This Is It: Dongshan and the Practice of Suchness

Taigen Dan Leighton

Just This Is It: Dongshan and the Practice of Suchness Taigen Dan Leighton
Teachings on the practice of things-as-they-are, through commentaries on a legendary Chinese Zen figure.

The joy of “suchness”—the ultimate and true nature inherent in all appearance—shines through the teachings attributed to Dongshan Liangjie (807–869), the legendary founder of the Caodong lineage of Chan Buddhism (the predecessor of Soto Zen). Taigen Dan Leighton looks at the teachings attributed to Dongshan—in his *Recorded Sayings* and in the numerous koans in which he is featured as a character—to reveal the subtlety and depth of the teaching on the nature of reality that Dongshan expresses. Included are an analysis of the well-known teaching poem “Jewel Mirror Samadhi,” and of the understanding of particular and universal expressed in the teaching of the Five Degrees. “The teachings embedded in the stories about Dongshan provide a rich legacy that has been sustained in practice traditions,” says Taigen. “Dongshan’s subtle teachings about engagement with suchness remain vital today for Zen people and are available for all those who wish to find meaning amid the challenges to modern lives.”

 [Download Just This Is It: Dongshan and the Practice of Suchness ...pdf](#)

 [Read Online Just This Is It: Dongshan and the Practice of Suchnes ...pdf](#)

Download and Read Free Online Just This Is It: Dongshan and the Practice of Suchness Taigen Dan Leighton

Download and Read Free Online Just This Is It: Dongshan and the Practice of Suchness Taigen Dan Leighton

From reader reviews:

John Frank:

Have you spare time for a day? What do you do when you have much more or little spare time? Sure, you can choose the suitable activity with regard to spend your time. Any person spent their very own spare time to take a go walking, shopping, or went to the Mall. How about open as well as read a book entitled Just This Is It: Dongshan and the Practice of Suchness? Maybe it is for being best activity for you. You recognize beside you can spend your time along with your favorite's book, you can smarter than before. Do you agree with it is opinion or you have additional opinion?

Billy Taylor:

The guide with title Just This Is It: Dongshan and the Practice of Suchness has a lot of information that you can study it. You can get a lot of profit after read this book. This book exist new information the information that exist in this guide represented the condition of the world today. That is important to yo7u to be aware of how the improvement of the world. That book will bring you throughout new era of the glowbal growth. You can read the e-book on the smart phone, so you can read that anywhere you want.

Gerald Wright:

In this age globalization it is important to someone to get information. The information will make professionals understand the condition of the world. The healthiness of the world makes the information much easier to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You will see that now, a lot of publisher in which print many kinds of book. The book that recommended to you personally is Just This Is It: Dongshan and the Practice of Suchness this guide consist a lot of the information of the condition of this world now. That book was represented how can the world has grown up. The dialect styles that writer use for explain it is easy to understand. The particular writer made some investigation when he makes this book. That's why this book suitable all of you.

Bruce Herrera:

As a scholar exactly feel bored to reading. If their teacher asked them to go to the library or even make summary for some guide, they are complained. Just small students that has reading's heart or real their interest. They just do what the professor want, like asked to the library. They go to there but nothing reading critically. Any students feel that reading through is not important, boring and can't see colorful photographs on there. Yeah, it is to get complicated. Book is very important for yourself. As we know that on this age, many ways to get whatever you want. Likewise word says, ways to reach Chinese's country. Therefore , this Just This Is It: Dongshan and the Practice of Suchness can make you feel more interested to read.

Download and Read Online Just This Is It: Dongshan and the Practice of Suchness Taigen Dan Leighton #UBYO0CMELRF

Read Just This Is It: Dongshan and the Practice of Suchness by Taigen Dan Leighton for online ebook

Just This Is It: Dongshan and the Practice of Suchness by Taigen Dan Leighton Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Just This Is It: Dongshan and the Practice of Suchness by Taigen Dan Leighton books to read online.

Online Just This Is It: Dongshan and the Practice of Suchness by Taigen Dan Leighton ebook PDF download

Just This Is It: Dongshan and the Practice of Suchness by Taigen Dan Leighton Doc

Just This Is It: Dongshan and the Practice of Suchness by Taigen Dan Leighton Mobipocket

Just This Is It: Dongshan and the Practice of Suchness by Taigen Dan Leighton EPub

Just This Is It: Dongshan and the Practice of Suchness by Taigen Dan Leighton Ebook online

Just This Is It: Dongshan and the Practice of Suchness by Taigen Dan Leighton Ebook PDF