

# How mothers with postnatal depression create narcissism and psychopaths

Hans R Arnold



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What do Adolph Hitler, Saddam Hussein, Ted Bundy and Anders Breivik have in common? It's likely that they have all experienced the first three years of their lives under the care of a mother with postnatal depression. Find out just how this all-too-common condition time and again leads to antisocial behavior in Arnold's groundbreaking new work, *How mothers with postnatal depression create narcissism and psychopaths*.

Synthesizing psychology, criminology, history, business, and economics, Arnold demonstrates how a mother's depression in a child's nascent years can have a powerfully adverse effect on that child. In fact, it may very well lead to a deep-seated narcissism that in turn can manifest itself in profoundly antisocial behavior. To illustrate this, the author assesses the circumstances of renowned serial killers, mass murderers, and conmen, from Hitler to the Boston Marathon bombers, from Osama bin Laden to high school bullies. His research demonstrates that these individuals were faced with an emotional landscape that compelled them to seek maternal attention through destructive methods. Provocative, ambitious, and mind-blowing, this unprecedented book will forever change the way you look at the origin of evil.

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