



Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders

Charles Atkins

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Co-Occurring Disorders is a guide of practical assessment and effective treatment approaches to work with any number of co-occurring disorders. This step-by-step approach, demonstrated through diverse case studies, gives you the tools you need to improve and track your clinical outcomes. Also included is a comprehensive state-by-state Guide to Mental Health and Substance Abuse Agencies and Prescription Monitoring Programs. Evidence-Based Integrated Treatment:

- Motivational Interviewing
- Cognitive-Behavioral Therapy and Strategies
- Skills Training
- Mindfulness training
- Mutual Self-Help & Peer Based interventions
- Wellness interventions
- Recovery based
- Family interventions
- Assertive Community Treatment and Targeted Case Management
- Psychopharmacology including opioid and nicotine replacement strategies

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