



Go the F**k to Sleep

Adam Mansbach

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Go the F**k to Sleep is a bedtime book for parents who live in the real world, where a few snoozing kitties and cutesy rhymes don't always send a toddler sailing blissfully off to dreamland. Profane, affectionate, and radically honest, it captures the familiar and unspoken tribulations of putting your little angel down for the night. Beautiful, subversive, and pants-wettingly funny, Go the F**k to Sleep is a book for parents new, old, and expectant. You probably should not play this for your children. "A children's book for grown-ups! I really did laugh out loud?hilarious!" –David Byrne, musician, father of one "Finally, someone tells it like it really is. This is no-guilt funny and a godsend!" –Cristina García, author of *The Lady Matador's Hotel*, mother of one "This is the most honest children's book ever written. F**king hilarious." –A.J. Jacobs, author of *The Year of Living Biblically*, father of three "Go the F**k to Sleep is the secret anthem of tired parents everywhere." –Bliss Broyard, author of *One Drop: My Father's Hidden Life*, mother of two "Captures the beautiful struggle of being a parent at its rawest point: bedtime." –Daniel Sinker, author of *The F***ing Epic* Twitter Quest of @MayorEmanuel, father of one

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