



Clinical Orthopaedic Rehabilitation: An Evidence-Based Approach: Expert Consult - Online and Print, 3e (Expert Consult Title: Online + Print)

S. Brent Brotzman MD, Robert C. Manske PT DPT SCS MEd ATC CSCS

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In *Clinical Orthopaedic Rehabilitation: An Evidence-Based Approach*, Dr. S. Brent Brotzman and Robert C. Manske help you apply the most effective, evidence-based protocols for maximizing return to function following common sports injuries and post-surgical conditions. A well-respected, comprehensive source for evaluating, treating, and rehabilitating orthopaedic patients, the 3rd Edition guides you on the prevention of running injuries, the latest perturbation techniques, and the ACL rehabilitation procedures and functional tests you need to help get your patients back in the game or the office. You'll also find a brand-new spine rehabilitation section, an extensively revised art program, and online access to videos demonstrating rehabilitation procedures of common orthopaedic conditions at www.expertconsult.com.

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- Apply evidence-based rehabilitation protocols to common sports conditions like ACL and meniscus injuries and post-surgical rehabilitation for the knee, hip, and shoulder.
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- Use the expert practices described in Tendinopathy and Hip Labral Injuries, part of the expanded "Special Topics" section, to help patients realize quicker recovery times.

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