

Voices of Trauma: Treating Psychological Trauma Across Cultures (International and Cultural Psychology)



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Synthesizing insights from psychiatry, social psychology, and anthropology, this important work sets out a framework for therapy that is as culturally informed as it is productive. An international panel of 23 therapists offers contextual knowledge on PTSD, coping skills, and other sequelae experienced by the survivors of traumatic events. Case studies from Egypt to Chechnya demonstrate various therapeutic approaches. Authors explore the balance of inter- and intrapersonal factors in reactions to trauma and dispel misconceptions that hinder progress in treatment.

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