

Heart-Centered Leadership: An Invitation to Lead From the Inside Out

Susan Steinbrecher, Joel B. Bennett

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Providing a counterpoint to the ethical bankruptcy of contemporary business, Heart-Centered Leadership champions the message that sound ethical practices must begin from within. This kind of leadership is a personal choice and involves the whole person: body, mind, and spirit.

Through the application of seven underlying principles and virtues, the authors describe a clear path: from the moment you are inspired to be a heart-centered leader through the process of developing the healthy attitudes and responsive actions needed to convert your inspiration into reality. This focus- an inward, mindful striving to do the right thing and become the best person you can be - sets this path to leadership apart from other strategies.



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