



The Wiley-Blackwell Handbook of Schema Therapy: Theory, Research and Practice (Wiley Clinical Psychology Handbooks)

Michiel van Vreeswijk, Jenny Broersen, Marjon Nadort

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The Wiley-Blackwell Handbook of Schema Therapy provides a comprehensive overview of developments in the theory, diagnosis, treatment, research, implementation, and management of schema therapy.

- Presents a comprehensive overview of schema therapy - goes far beyond all previous books on the subject to cover theoretical, research and practical perspectives
- Covers the latest developments, including work on mindfulness and borderline personality disorder, as well as new applications of schema therapy beyond personality disorders
- Includes chapters by leaders in the field including Wendy Behary and Arnoud Arntz, as well as a foreword by Jeffrey Young, the founder of schema therapy

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