



Make It Fast, Cook It Slow: The Big Book of Everyday Slow Cooking

Stephanie O'Dea

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Make It Fast, Cook It Slow is the first cookbook from Stephanie O'Dea, the extremely popular slow cooking blogger: affordable, delicious, nutritious, and gluten-free recipes to delight the entire family. In December 2007, Stephanie O'Dea made a New Year's resolution: she'd use her slow cooker every single day for an entire year, and write about it on her very popular blog. The result: more than three million visitors, and more than 300 fabulous, easy-to-make, family-pleasing recipes, including:

- Breakfast Risotto
- Vietnamese Roast Chicken
- Tomatoes and Goat Cheese with Balsamic Cranberry Syrup
- Falafel
- Philly Cheesesteaks
- Crème Brulee

--and much more. *Make It Fast, Cook It Slow* is the perfect cookbook for easy, quick prep, inexpensive ingredients, and meals that taste like you spent hours at the stove.

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