

Foundations of Mental Health Care, 5e

Michelle Morrison-Valfre RN BSN MHS FNP

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Increase your awareness and understanding of a holistic view of mental health care with this book for nurses and other health care professionals. Each chapter covers a specific psychological or psychosocial problem as well as the most current interventions and treatments. This edition features full-color illustrations, updated drug information, and a chapter on complementary and alternative therapies, in addition to more case studies to help you apply the content to real life. This solid background in mental health is just what you need to work comfortably with clients who exhibit both effective and maladaptive behaviors.

- Multidisciplinary care plans for sample clients show how members of the health care team work together.
- Client-specific case studies highlight particular mental disorders and help you apply chapter content to real-life situations.
- "Think About" boxes throughout the text strengthen your critical-thinking skills.
- UNIQUE "Drug Alert" boxes highlight what you need to know about a wide range of specific psychotherapeutic medications.
- UNIQUE Standard LPN full-color design and "Content Threads" point out key information and special features in each chapter, consistent with the format of other books in the LPN Threads series.
- Appendixes give you easy access to mental health care standards, DSM-IV TR diagnoses, and assessment tools that are essential for providing quality care.
- FREE workbook at the end of the book includes crossword puzzles, multiple-choice questions, and other exercises to boost your comprehension of the material.
- FULL-COLOR illustrations make the text even more visually appealing and user-friendly.
- Additional case studies help you apply chapter content to more real-life scenarios such as chronic illness and substance abuse with accompanying questions to test your critical-thinking skills.
- Chapter on complementary and alternative therapies increases your awareness of the benefits and risks of
 alternative therapies such as ayurveda, herbal supplements, massage, meditation, acupuncture, and
 telemedicine.
- Forensic nursing content familiarizes you with the prevention and treatment of violence-based disorders and shows you how to obtain and document evidence for legal purposes.
- NEW antianxiety and antimanic drug information keeps you up-to-date on the latest psychotropic medications.



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Effie Phillips:

This Foundations of Mental Health Care, 5e book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you will get by reading this book is definitely information inside this guide incredible fresh, you will get data which is getting deeper a person read a lot of information you will get. This kind of Foundations of Mental Health Care, 5e without we know teach the one who reading it become critical in thinking and analyzing. Don't possibly be worry Foundations of Mental Health Care, 5e can bring if you are and not make your case space or bookshelves' become full because you can have it with your lovely laptop even phone. This Foundations of Mental Health Care, 5e having very good arrangement in word and layout, so you will not experience uninterested in reading.

Karin Eubanks:

The guide with title Foundations of Mental Health Care, 5e includes a lot of information that you can understand it. You can get a lot of advantage after read this book. This particular book exist new expertise the information that exist in this guide represented the condition of the world now. That is important to yo7u to understand how the improvement of the world. This particular book will bring you inside new era of the internationalization. You can read the e-book in your smart phone, so you can read that anywhere you want.

Irene Hoyt:

Playing with family in a very park, coming to see the ocean world or hanging out with friends is thing that usually you have done when you have spare time, after that why you don't try thing that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love Foundations of Mental Health Care, 5e, it is possible to enjoy both. It is good combination right, you still want to miss it? What kind of hang type is it? Oh can happen its mind hangout guys. What? Still don't obtain it, oh come on its known as reading friends.

Thomas Obrien:

That publication can make you to feel relax. This particular book Foundations of Mental Health Care, 5e was bright colored and of course has pictures on there. As we know that book Foundations of Mental Health Care, 5e has many kinds or variety. Start from kids until teenagers. For example Naruto or Investigator Conan you can read and think that you are the character on there. Therefore, not at all of book are usually make you bored, any it can make you feel happy, fun and unwind. Try to choose the best book to suit your needs and try to like reading this.

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