



**Weight Watchers BOX SET 2 IN 1: Losing Weight
Can Be Delicious - Lose Your First 15 Lbs And
Burn Your Fat With Detailed Two-Week Diet
Plan!: (Weight Watchers, ... tips, weight watchers
for beginners Book 4)**

Samantha Johnson, Pamela Holt

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BOOK #1: Weight Watchers: Two-Week Challenge to Lose Your First 15 Lbs! Simple Diet Plan With No Calorie Counting!

Getting yourself in shape is extremely important to just about everyone. The problem is that none of us really want to spend all of our time counting calories, which is what just about every weight loss program wants you to do. So what should you do instead? Well you don't expect us to spill all our secrets before you even start do you?

Inside this book you're going to learn how to lose weight without counting calories. We're going to actually talk about faster, easier ways that you can get rid of some of those pounds that are continuing to cause you problems and we're going to make it fun (or at least as fun as weight loss can be).

BOOK #2: Weight Watchers Cookbook: Losing Weight Can Be Delicious! Detailed Two-Week Diet Plan To Burn Your Fat!

You look for recipes for your slow cooker and unfortunately, the recipes you find are way too large for your single serve slow cooker that is only 1.5 to 2 Quarts? To make matters worse, you might be on dietary restrictions that call for you to eat only low carbohydrate, high-fat foods? You try to figure out how you can cut down the recipe for your smaller, portion friendly slow cooker and what recipes suit your diet better?

So in this book you will find 32 low-carbohydrate, high-fat recipes that will satisfy your cravings as well as reduce your amount of leftovers with your small Electric slow cooker!

Get out your 1.5-2 quart slow cooker and enjoy a home-cooked, healthy meal that follows your diet requirements.

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Hoa Gilkey:

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