



# **The Happiness Advantage (Summary): Summary and Analysis of "The Happiness Advantage" by Shawn Achor**

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## **The Happiness Advantage (Summary): Summary and Analysis of "The Happiness Advantage" by Shawn Achor Summary Station**

Learn About The Happiness Advantage In A Fraction Of The Time It Takes To Read The Actual Book!!! Today only, get this 1# Amazon bestseller for just \$2.99. Regularly priced at \$9.99. Read on your PC, Mac, smart phone, tablet or Kindle device The name of Shawn Achor's first book is "The Happiness Advantage: The Seven Principles of Positive Psychology that Fuel Success and Performance at Work" and it was released in September of 2010. This book was published by Random House LLC and it has remained on the bestseller list for quite some time. This book is responsible for changing the way that people from all over the world conduct their lives and careers. This book starts out with Shawn explaining his experience at Harvard University. He explained how his gratitude for being able to attend one of the best universities in the world caused him to fall in love with the school. Looking back, he was able to determine that his experience at Harvard was significantly impacted by his enormous sense of gratitude for being selected to attend. This insight was partly responsible for the inspiration behind the topics he would chose to research. Shawn points out the fact that Harvard is a very demanding university and most of the students who attend experience a great deal of stress due to these high expectations. A theory was formed and it basically stated that the students who do not have a sense of gratitude for being at Harvard become stressed easier. Here Is A Preview Of What You'll Learn When You Download Your Copy Today • General Overview and Summary of The Happiness Advantage • Examples From The Happiness Advantage • The Reason The Happiness Advantage Was Created • Learn How To Find Happiness And Success With Positive Psychology Download Your Copy Today! The contents of this book are easily worth over \$9.99, but for a limited time you can download ""Summary of "The Happiness Advantage"" for a special discounted price of only \$2.99 To order your copy, click the BUY button and download it right now!

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