



Here's the Deal: Don't Touch Me

Howie Mandel, Josh Young

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Here's the Deal: Don't Touch Me Howie Mandel, Josh Young
NATIONAL BESTSELLER

An engaging no-holds-barred memoir that reveals Howie Mandel's ongoing struggle with OCD and ADHD—and how it has shaped his life

Howie Mandel is one of the most recognizable names in entertainment. But there are aspects of his personal and professional life he's never talked about publicly—until now. Twelve years ago, Mandel first told the world about his “germophobia.” He's recently started discussing his adult ADHD as well. Now, for the first time, he reveals the details of his struggle with these challenging disorders. He speaks candidly about the ways his condition has affected his personal life—as a son, husband, and father of three. Along the way, the versatile performer reveals “the deal” behind his remarkable rise through the show-business ranks, sharing never-before-told anecdotes about his career.

As heartfelt as it is hilarious, **Here's the Deal: Don't Touch Me** is the story of one man's effort to draw comic inspiration out of his darkest, most vulnerable places.

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