



Clinician's Guide to Self-Renewal: Essential Advice from the Field

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Providing clinicians with advice consistent with the current emphasis on working from strengths to promote renewal, this guide presents a holistic approach to psychological wellness. Time-tested advice is featured from experts such as Craig Cashwell, Jeffrey Barnett, and Kenneth Pargament. With strategies to renew the mind, body, spirit, and community, this book equips clinicians with guidance and inspiration for the renewal of body, mind, community, and spirit in their clients and themselves.

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