



Slow Sex: The Art and Craft of the Female Orgasm

Nicole Daedone

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The truth is: Most women do not have satisfying sex lives. *Slow Sex* can change that.

Better sex is about one thing: better orgasm. This life-altering guide teaches men and women how to use the practice of Orgasmic Meditation - or OM - to slow down, connect emotionally, and achieve authentic female sexual satisfaction. The promise: In just fifteen minutes every woman can become orgasmic. And, with the right partner and the right technique, that orgasm could last and last!

For more than a decade, Nicole Daedone has been leading the "slow sex movement," which is devoted to the art and craft of the female orgasm. OM is the act of slowing down, tuning in, and experiencing a deeper spiritual and physical connection during sex. *Slow Sex* reveals the philosophy and techniques of OM and includes a step-by-step, ten-day OM starter program, as well as OM secrets for achieving ultimate satisfaction. It also includes exercises to help enhance readers' "regular" sex lives, such as Slow Oral for Her, Slow Oral for Him, and Slow Intercourse.

This book is the argument for daily intimacy, and for paying attention as the foundation of pleasure, all with a focus on the female experience.

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The reason why? Because this Slow Sex: The Art and Craft of the Female Orgasm is an unordinary book that the inside of the guide waiting for you to snap the idea but latter it will shock you with the secret this inside. Reading this book beside it was fantastic author who write the book in such incredible way makes the content inside of easier to understand, entertaining way but still convey the meaning totally. So , it is good for you for not hesitating having this any longer or you going to regret it. This unique book will give you a lot of benefits than the other book have got such as help improving your skill and your critical thinking way. So , still want to hold off having that book? If I have been you I will go to the book store hurriedly.

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