



Sex Is Not the Problem (Lust Is): Sexual Purity in a Lust-Saturated World

Joshua Harris

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Lust isn't just a guy problem – it's a human problem. And unless we honestly confront it, lust will destroy our relationships and our lives. Joshua Harris, author of the runaway bestseller *I Kissed Dating Goodbye*, calls a generation bombarded with images of sexual sin back to the freedom and joy of holiness. This "PG-rated" book – straightforward without being graphic – speaks to those entrenched in lust or just flirting with temptation. Honestly sharing his own struggles, Harris exposes lust's tactics and helps readers create a personal plan for fighting back. Men and women will find hope in God's grace and learn the secrets to lasting change.

Neither sex nor sexuality is our enemy. We need to rescue our sexuality from lust so we can experience it as God intended.

Bestselling author Joshua Harris shows you how lust deceives you. Specific and honest without being graphic, this book—for both men and women—will guide you in creating a custom plan for fighting lust and celebrating purity.

Praise for *Sex Is Not the Problem (Lust Is)*

“For your joy and Christ’s honor, I commend this book to you. It is realistic, practical, and hope-giving.”
-*John Piper, pastor of Bethlehem Baptist Church, Minneapolis*

“A beautiful blend of grace and truth. Joshua Harris raises high standards of holiness while carefully avoiding legalism. I highly recommend it.”

-*Randy Alcorn, bestselling author of *The Treasure Principle* and *The Purity Principle**

“I am very encouraged that my longtime friend Josh Harris has written a book about lust. May God use this book to keep many from allowing their minds to become ‘the devil’s playground.’”

-*Rebecca St. James, singer/songwriter*

Story Behind the Book

“I was preparing a message on lust when I realized that the book I wanted to consult hadn’t been written. That book would make it clear that only Jesus Christ can free us from the hopeless treadmill of shame and guilt that so many well-intentioned people end up on. It would instill a love for holiness and a hatred for sin without dragging the reader’s imagination through the gutter. And it would be for both men and women, because I’ve learned that lust isn’t just a guy problem—it’s a human problem.”

-*Joshua Harris*

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Jennifer Perez:

As people who live in often the modest era should be change about what going on or information even knowledge to make them keep up with the era that is always change and move ahead. Some of you maybe will certainly update themselves by examining books. It is a good choice for you but the problems coming to anyone is you don't know what kind you should start with. This Sex Is Not the Problem (Lust Is): Sexual Purity in a Lust-Saturated World is our recommendation so you keep up with the world. Why, as this book serves what you want and wish in this era.

Shelia Lopez:

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In this era which is the greater person or who has ability to do something more are more special than other. Do you want to become one of it? It is just simple method to have that. What you must do is just spending your time not much but quite enough to have a look at some books. One of the books in the top checklist in your reading list is usually Sex Is Not the Problem (Lust Is): Sexual Purity in a Lust-Saturated World. This book which is qualified as The Hungry Hills can get you closer in growing to be precious person. By looking upward and review this reserve you can get many advantages.

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