



# Autoimmunity

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The immune system has evolved mechanisms enabling it to discriminate between self and non-self constituents. A normally functioning organism is naturally unresponsive to self antigens originating from clonal deletion, anergy, or an active suppression of self-reactive T cells. The wide spectrum of autoimmune responses may be divided into systemic and organ-specific diseases and encompasses the actions of autoantibodies, autoantigen-antibody complexes, and sensitized T lymphocytes. The aim of this book is to review the current understanding, concepts and hypotheses regarding the pathogenesis and therapeutic approaches in autoimmune disorders. The first six articles are generally concerned with the mechanisms operating in autoimmune phenomena, whereas the subsequent reviews discuss particular phenomena in representative autoimmune diseases. The introductory article underlines the significance of the interactions between antigen-specific T cells and other elements of the immune system and proposes that not suppression, but rather activation of the immune system, leading to a redirection of the immune response, would be therapeutically beneficial. The next articles present the importance of costimulatory signals in determining various types of immune responses, including autoimmunity, and the role of regulatory T cells. Further, an interesting phenomenon of epitope spreading as a mechanism for the progression of autoimmune diseases is presented.

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