

Grief and Loss Across the Lifespan, Second Edition: A Biopsychosocial Perspective

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This unique text for undergraduate and master's-level social work and counseling courses on loss, grief, and bereavement is distinguished by its biopsychosocial perspective and developmental framework. The book addresses grieving patterns and intervention strategies according to the life trajectory and provides clinical intervention tools and strategies for coping according to the developmental stage of an individual. It incorporates losses beyond death loss, with special focus on losses related to maturational development. The second edition reflects new research that has clarified and underscored the value of theories examined in the first editionóparticularly in the areas of continued bonds, disenfranchised grief, and ambiguous grief. It describes how grieving is influenced by biological responses to stress, psychological responses to loss, and social norms and support networks.

The second edition includes significant new information on trauma and resilience and addresses the use of mindfulness practices with grief and loss. It focuses on the changing role of technology including expressions of grief and loss in social media and public forums. Updated information is provided regarding hospice and palliative care as well as housing issues in aging. A completely new chapter examines grief and loss counseling with emerging adults, and updates regarding changes in the *DSM-5* are included. Additional new features include chapter objectives, discussion questions, and updated resources, and an Instructor's Manual and PowerPoint slides are available for download.

New to the Second Edition:

- New information on trauma and resilience
- Using mindfulness practices with grief and loss
- Updated theory and empirical findings
- The changing role of technology in grief
- Expressions of grief and loss in social media and public forums
- Transitions due to economic and health changes
- Changes in the DSM-5
- New chapter on emerging adults (ages 18ñ25)
- New information on hospice, palliative care, and aging
- Housing issues in aging and disability
- New information on issues facing young and older U.S. veterans and families
- Updated resources
- Chapter objectives and discussion questions
- Instructor's Manual and PowerPoint slides

Key Features:

- Uses a developmental framework for grief and loss
- Incorporates notions of loss beyond death, including unique maturational losses
- Integrates new grief theories with empirical findings and intervention techniques

- Utilizes neurobiological and biological information within a counseling text
- Focuses on nonpathologizing approaches to sadness, loss, and grief

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Sharon Chacko:

Now a day folks who Living in the era just where everything reachable by connect with the internet and the resources in it can be true or not demand people to be aware of each information they get. How individuals to be smart in receiving any information nowadays? Of course the answer is reading a book. Looking at a book can help individuals out of this uncertainty Information particularly this Grief and Loss Across the Lifespan, Second Edition: A Biopsychosocial Perspective book because this book offers you rich facts and knowledge. Of course the details in this book hundred per cent guarantees there is no doubt in it you know.

Carissa Taylor:

A lot of people always spent their particular free time to vacation or maybe go to the outside with them family members or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. In order to try to find a new activity this is look different you can read any book. It is really fun for you. If you enjoy the book that you just read you can spent all day every day to reading a book. The book Grief and Loss Across the Lifespan, Second Edition: A Biopsychosocial Perspective it is quite good to read. There are a lot of people who recommended this book. These were enjoying reading this book. When you did not have enough space to deliver this book you can buy often the e-book. You can m0ore effortlessly to read this book through your smart phone. The price is not too costly but this book provides high quality.

Ernie Fleishman:

In this particular era which is the greater person or who has ability to do something more are more treasured than other. Do you want to become among it? It is just simple method to have that. What you have to do is just spending your time little but quite enough to have a look at some books. Among the books in the top listing in your reading list is Grief and Loss Across the Lifespan, Second Edition: A Biopsychosocial Perspective. This book which is qualified as The Hungry Inclines can get you closer in turning into precious person. By looking upward and review this reserve you can get many advantages.

Gerald Kelly:

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